

## 2006 Alive and Free 'was the best one ever'

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### Hold the date

Springbrook Reunion  
NEWBERG, ORE.  
**July 21-23**

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Recovery Cup Golf Tourney  
SOMERSET, WIS.  
**July 24**

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Recovery Community  
Outreach with Chicago Bob  
ST. PAUL  
**Aug. 15**

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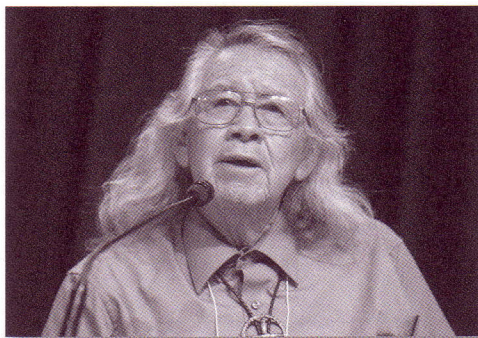
Chicago Alumni Picnic  
CHICAGO  
**Aug. 26**

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A Night to Remember  
MULTIPLE CITIES  
**Oct. 6**

...

Women Healing  
Conferences 2006  
White Plains, NY, Sept. 15-16  
Seattle, Oct. 13-14  
Chicago, Dec. 1-2



Basil Brave Heart shared his gratitude for receiving Hazelden's 20th-annual CARE Award at Alive and Free.



The talented John McAndrew shared his music and his experience, strength and hope. (Photos by Geoff George)

*"Alive and Free was off the charts—above the 10. Thank you for making it so meaningful," said Jon O.*

*"It was the best one ever," said Jody K.*

These were just a couple of the reactions recorded shortly after the 2006 Alive and Free celebration of recovery concluded on May 7 at Hazelden in Center City. Nearly 250 people took part in the 27th-annual weekend event that was filled with great fellowship, entertainment and food.

Jody K. said a great mix of presenters and workshops, combined with a Saturday night filled with heartfelt gratitude and fellowship, made for a spiritually charged weekend that was unequaled by past events. A highlight for her was meeting Basil Brave Heart, the Lakota elder and spiritual leader who received the 20th CARE Award from

Hazelden on Saturday night, and the keynote address by singer/songwriter John McAndrew, which capped Saturday evening's activities. Brave Heart, who has touched the lives of many fellow Native Americans and others in recovery, earned the award for his Consistent Activity in Recovery and Education in the field of addiction and recovery.

"I had heard so much about Basil," said Jody K. "Not only was he gracious in receiving the CARE Award, but he was a very active participant throughout the whole weekend—he made time for everybody. He truly is a special spiritual man with a gift for reaching out to people."

Brave Heart conducted a workshop on Sunday morning called "Applying Native

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### Rollin' on the River sober cruise is Aug. 10 in St. Paul

Alumni and friends are invited to celebrate the fellowship of recovery and those lazy, hazy, crazy days of summer on Aug. 10 from 6:30 to 9 p.m. for a cruise on the Mississippi River in St. Paul. Guests are invited aboard the Betsey Northrup for an evening of live entertainment from John Sagner and friends, light fare, and, as always, fellowship and fun. Boarding begins at 6:30 p.m. at the Padelford Landing on Harriet Island in St. Paul, with the boat embarking at 7 p.m. sharp.

Last year's event was a huge success, with more than 150 people attending. Cost for this year's event is \$25 per person. RSVP required; please call Sara Connolly at 888-257-7800, ext. 4588 by Aug. 3.